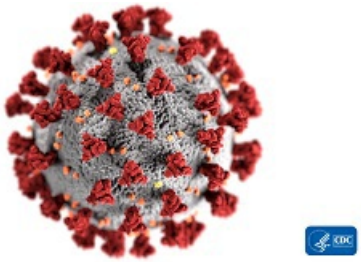
DEPARTMENT FOR PUBLIC HEALTH

# COVID-19

## COVID-19 Hotline 1-800-722-5725

### PLEASE NOTE: COVID-19 is a reportable disease in Kentucky



The Kentucky Department for Public Health (KDPH) is actively responding to the COVID-19 situation. Our State Health Operations Center is operating at Level 1, its highest activation level. This respiratory disease was first detected in a Kentucky resident on March 6, 2020.

For the latest information and prevention updates, visit the Centers for Disease Control and Prevention 2019 novel coronavirus site

### Who is at risk for COVID-19

The current risk for COVID-19 to people in Kentucky is low. Evidence to date indicates those most at risk for becoming ill with COVID-19 are:

- Those in close contact with someone with a confirmed COVID-19 infection, including healthcare workers

and

- Those who have traveled in the past 14 days incountries with ongoing community spread of the virus.

If you have recently traveled outside the country, please check the CDC Travel Health Notices website with its list of countries with sustained COVID-19 transmission.

Travelers returning from one of the countries with community spread of COVID-19 should monitor themselves for fever and other symptoms of COVID-19, including cough and shortness of breath, for 14 days after they return from one of those countries.

If you have developed a fever or respiratory symptoms and believe you have had exposure to a known case or traveled to an area with community spread, isolate yourself from others in your home and contact your healthcare provider or local health department to describe your symptoms and any recent travels before you go to the healthcare facility.

## Community Guidance

Current recommendations for social distancing in Kentucky as of March 8, 2020 include:

1) If you are 60 years old or older and/or have diabetes, heart disease, lung disease, kidney failure or other chronic major medical conditions, we recommend you avoid densely populated community events and consult this guidance.

2) We are advising nursing homes and other long-term care facilities to restrict visitors to their facilities and that they consult this guidance.

3) We recommend people actively plan for telework options appropriate for their situation and support all workers/students to stay at home if they are ill.

4) Only go to the emergency department for an illness that would have taken you to the hospital BEFORE the COVID-19 outbreak. If you have runny nose, cough, fever or other common respiratory infection symptoms, take Tylenol- or Motrin-like products and stay home from work or school until you are fever-free. If you think you need medical care, please contact your healthcare provider for their instruction OR visit an emergency department if you believe you have an emergency.

This guidance will continue to change as circumstances warrant.

## DPH coronavirus updates

**Current as of March 8, 2020 at 5:30 p.m. Eastern time**

**Kentucky Coronavirus Monitoring**
Number Tested: 21
Positive: 4
Negative: 17

**Note:** Monitoring data is dynamic and may change over time as more information becomes available.

**Guidance for Fayette, Harrison and Jefferson County Residents**

Novel Coronavirus (COVID-19) Guidance for Fayette Harrison Jefferson - March 9, 2020

**Community Guidance**

Home Quarantine Guidance - March 8, 2020

Social Distancing for COVID-19 March 7, 2020.pdf

**About COVID-19**

> How it spreads
>
> Symptoms
>
> Prevention and Treatment
>
> Stigma and COVID-19
>
> What to do if you are sick
>
> Frequently asked questions

**Latest Updates**

> Cases in the U.S.
>
> Global locations with COVID-19

Risk assessment

CDC in Action: Preparing Communities for Potential Spread of COVID-19

**Healthcare Providers and Lab (KDPH)**

Division of Laboratory Services

COVID-19 Health Advisory Update and Clinical Guidance Feb. 28, 2020

Guideline for Conservation of Respiratory Protection Resources Feb. 28, 2020

Strategies to Prevent the Spread of COVID-19 in Long Term Care Facilities March 6, 2020

**Healthcare Providers and Laboratories (CDC)**

Update and Interim Guidance on Outbreak of COVID-19

Evaluating and Reporting Persons Under Investigation

Interim Infection Prevention and Control - Cases Confirmed or Under Investigation in Healthcare Settings

Interim Risk Assessment and Public Health Management - Travel-related or community transmission cases

COVID-19 Risk Assessment and Public Health Management Decision Making Flow Chart

Healthcare Infection Prevention and Control FAQs for COVID-19

Frequently Asked Questions About Personal Protective Equipment

Strategies for Optimizing Supply of N95 Respirators

Information for Laboratories

Interim U.S. Guidance for Risk Assessment and Public Health Management of Healthcare Personnel with Potential Exposure in a Healthcare Setting to Patients with COVID-19

**Information for specific public audiences**

Travelers

Pregnant women and children

Businesses

Schools

Attending large gatherings and events

Interim Guidance for Implementing Home Care of People Not Requiring Hospitalization for 2019 Novel

Coronavirus (2019-nCoV)

## Contact Information

Commonwealth of Kentucky
Cabinet for Health and Family Services






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